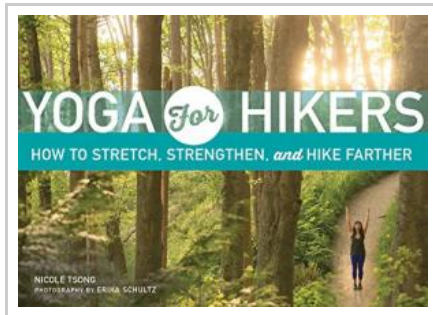




## Yoga for Hikers: Stretch, Strengthen, and Climb Higher (Paperback)

By Nicole Tsong

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