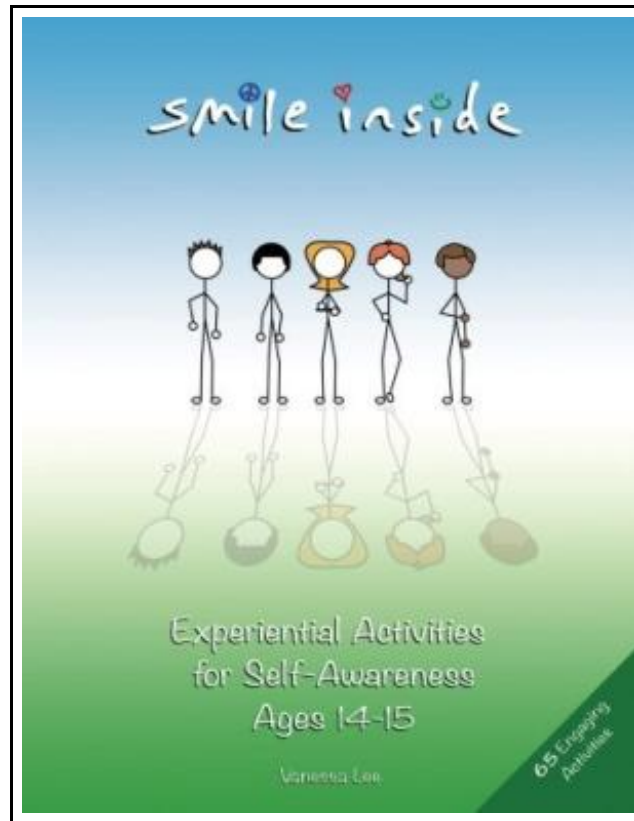


Smile Inside: Experiential Activities for Self-Awareness Ages 14-15 (Paperback)



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Reviews

Basically no words to clarify. Of course, it is perform, still an amazing and interesting literature. Its been printed in an exceptionally basic way which is only soon after i finished reading through this ebook where actually altered me, change the way i really believe.

(Newton Runolfsson)

SMILE INSIDE: EXPERIENTIAL ACTIVITIES FOR SELF-AWARENESS AGES 14-15 (PAPERBACK)



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Prevention Publications, United States, 2013. Paperback. Book Condition: New. 2nd. 279 x 216 mm. Language: English . Brand New Book ***** Print on Demand *****.During adolescence, young people thrive when given opportunities for self-analysis and personal improvement while building genuine connections with their peers. This resource offers an essential collection of sixty-five effective and fun activities designed to be a powerful prevention program to counteract bullying, self-destructive behaviors, social isolation, and apathy. In addition, modules and activities can be used individually to meet any group s needs. This inspiring handbook provides step-by-step instructions for teachers, youth workers, and counselors who work with teenagers in schools, youth groups, camps, and therapy-based support settings. The activities are organized into the following modules: Icebreakers, Focus Listening, Empathy Respect, Self-Talk, Self-Exploration, Emotions Coping, Problem Solving Decision Making, Goal Setting, Group Dynamics, Esprit de Corps through Service Learning, and Culmination.



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