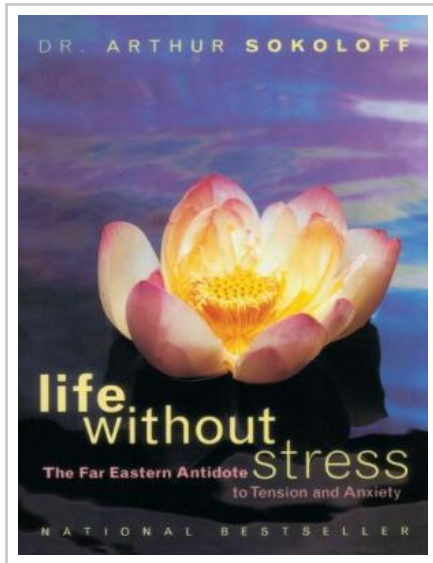




Life Without Stress: The Far Eastern Antidote to Tension and Anxiety

By Arthur Sokoloff

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