



Break-Up Breakthrough: A 37-Day Guide from Heartbreak to Healing (Paperback)

By Dr Janice Moss, Janice Moss

Createspace, United States, 2015. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****. A book for anyone who is ready to heal from a difficult breakup - whether it is the end of a long term relationship, a summer fling or a painful divorce. Within these pages you will find the tools to move beyond divorce and separation, start dating and enjoying process of mate-seeking so that you can attract the love that you need. This book is a 37 day journey that will help you to evaluate yourself, your relationship patterns, how those patterns came to be, as well as how your patterns have influenced your relationship choices. The daily exercises and assignments will help you to honestly look at yourself and how your past may have contributed to the relationships you chose. The intention of this book is to help you find the loving relationship you deserve. In Break-up Breakthrough you will: expose your patterns, heartaches, frustrations, past traumagain a better understanding of the relationship blunders that you have made in the past discover your patterns of attractionidentify your relationship style (who you are in relationships) get the tools you need...



Reviews

This book is definitely worth acquiring. I have go through and so i am certain that i will likely to read through again again in the future. Its been printed in an exceptionally basic way in fact it is only after i finished reading this publication in which actually altered me, change the way in my opinion.

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